Optics Letters

Whispering gallery mode single nanoparticle detection and sizing: the validity of the dipole approximation

MATTHEW R. FOREMAN,^{1,4} David Keng,² Eshan Treasurer,² Jehovani R. Lopez,² and Stephen Arnold^{2,3}

¹Blackett Laboratory, Department of Physics, Imperial College London, London SW7 2AZ, UK

²Microparticle Photophysics Laboratory (MP³L), NYU Polytechnic School of Engineering, Brooklyn, New York 11201, USA

³e-mail: sarnold935@aol.com

⁴e-mail: matthew.foreman@imperial.ac.uk

Received 29 November 2016; revised 3 February 2017; accepted 8 February 2017; posted 9 February 2017 (Doc. ID 281750); published 27 February 2017

Interactions between whispering gallery modes (WGMs) and small nanoparticles are commonly modeled by treating the particle as a point dipole scatterer. This approach is assumed to be accurate as long as the nanoparticle radius, a, is small compared to the WGM wavelength λ . In this Letter, however, we show that the large field gradients associated with the evanescent decay of a WGM causes the dipole theory to significantly underestimate the interaction strength and, hence, the induced WGM resonance shift, even for particles as small as $a \sim \lambda/10$. To mitigate this issue, we employ a renormalized Born approximation to more accurately determine nanoparticle-induced resonance shifts and, hence, enable improved particle sizing. The domain of validity of this approximation is investigated, and supporting experimental © 2017 Optical Society of America results are presented.

OCIS codes: (280.1415) Biological sensing and sensors; (290.5850) Scattering, particles; (230.5750) Resonators.

https://doi.org/10.1364/OL.42.000963

Nanoparticles, such as viruses, only exist in small concentrations in biological fluids. This has compelled researchers to develop measurement techniques that can detect viruses and other particles at the ultimate sensitivity, i.e., one at a time. One such technique utilizing whispering gallery mode (WGM) microcavity transducers has proven to be a particularly sensitive and versatile platform for particle sensing and for studying the interaction of nanoparticles with surface anchored antibodies [1–4]. WGM microcavities, however, also enable the nanoparticle size to be measured through observation of the frequency shift [5,6] or mode splitting [7,8] that is induced when a nanoparticle binds to the resonator surface. With sufficient accuracy such size information can be used as a particle discriminant.

Frequently, the WGM transduction mechanism is treated as an interaction between the WGM's evanescent near field and a point dipole induced in the nanoparticle, a model which is considered accurate so long as the particle radius, a, is small compared with the wavelength λ . In this Letter, we show that, even for small particles, the dipole theory can underestimate the interaction strength resulting in potential sizing errors. This discrepancy arises from an inadequate description of the field within the nanoparticle, which varies on the scale of the characteristic WGM decay length as opposed to the wavelength. Using a renormalized Born approximation (RBA) for the internal field, we present analytic formulas which enable accurate particle sizing from WGM resonance shifts and, hence, overcome these limitations. Experimental results are presented to support our theory.

To get a feeling for the origin of the mode shift, we start by describing the mechanism heuristically. As a nanoparticle enters the evanescent field of an unperturbed WGM generated by \mathcal{N} trapped photons of frequency f, the field does reactive work ΔW to polarize the particle. The photons pay for this interaction by reducing their energy, $\mathcal{E} = \mathcal{N}hf$, generating a corresponding frequency shift Δf in accordance with the polarization energy, $\mathcal{N}h\Delta f = -\Delta W$ [1]. The resulting fractional change in frequency is found by dividing the change in the energy by the mode energy, $\Delta f/f = -\Delta W/\mathcal{E}$. Importantly, this simple energy balance argument, known as the reactive sensing principle (RSP) [9], is consistent with first-order perturbation theory [10]. Since the polarization energy is related to the size of the perturbing particle, the measured frequency shift can be used for sizing [6,11].

Both the mode and polarization energy can be written in terms of the WGM field distributions. The former, which is composed of equal electric and magnetic energy contributions, can be expressed solely in terms of the unperturbed electric field $\mathbf{E}(\mathbf{r})$ and is given by $\mathcal{E} = (1/2) \int_{V} \varepsilon(\mathbf{r}) |\mathbf{E}(\mathbf{r})|^2 dV$, where the integral is over the mode volume V, and $\varepsilon(\mathbf{r})$ is the electric permittivity. On the other hand, the polarization energy depends on both the unperturbed and perturbed field $(\mathbf{E}'(\mathbf{r}))$, according to $\Delta W = (1/4) \operatorname{Re}[\int_{V_{\rho}} \Delta \varepsilon(\mathbf{r}) \mathbf{E}^*(\mathbf{r}) \cdot \mathbf{E}'(\mathbf{r}) dV]$, where V_{ρ} denotes the volume of the particle, and $\Delta \varepsilon = \varepsilon_{\rho} - \varepsilon_{m}$ is the difference of the electric permittivity of the particle and external medium. Thus, the fractional frequency shift can be written as [10]

$$\frac{\Delta f}{f} = -\frac{\operatorname{Re}\left[\int_{V_{\rho}} \Delta \varepsilon(\mathbf{r}) \mathbf{E}^{*}(\mathbf{r}) \cdot \mathbf{E}^{\prime}(\mathbf{r}) \mathrm{d}V\right]}{2 \int_{V} \varepsilon(\mathbf{r}) |\mathbf{E}(\mathbf{r})|^{2} \mathrm{d}V}.$$
 (1)

Although the evanescent nature of the unperturbed field **E** is well known, it has become common to assume the particle is small enough that it can be treated as a point dipole positioned at the center of the particle \mathbf{r}_p . This approach is equivalent to assuming the sphere is illuminated by a uniform field, thus producing a uniform field with a magnitude $|\mathbf{E}'(\mathbf{r})| = 3\varepsilon_m |\mathbf{E}(\mathbf{r}_p)|/(\varepsilon_p + 2\varepsilon_m)$ within the particle. The familiar result [1]

$$\frac{\Delta f_{\rm dp}}{f} = -\frac{\operatorname{Re}[\alpha]|\mathbf{E}(\mathbf{r}_p)|^2}{2\int_V \varepsilon(\mathbf{r})|\mathbf{E}(\mathbf{r})|^2 \mathrm{d}V},$$
(2)

follows, where α , the dipole excess polarizability, is given by $\alpha =$ $4\pi\varepsilon_m a^3(\varepsilon_p - \varepsilon_m)/(\varepsilon_p + 2\varepsilon_m)$ for a spherical particle of radius *a*. A dipole model is quite appropriate for describing the Rayleigh scattering of a plane wave by a particle whose radius is considerably smaller than the radiation wavelength λ . However, for near field problems, such as the interaction of the evanescent field of a WGM with a virus ($a \sim 100$ nm), the unperturbed evanescent intensity drops radially from the rim of the resonator to the center of the particle by $\exp[-a/L]$, where the characteristic intensity decay length, L, is considerably smaller than the wavelength λ . Such strong field gradients imply that the use of a point dipole model can lead to substantial errors since higher-order multipole contributions to the perturbed field are omitted [12]. To illustrate the inaccuracy of assuming a uniform field, we have performed finite element simulations using COMSOL, as detailed in [13], for a microsphere resonator (although we note that our discussion also applies to other resonator geometries). Specifically, Fig. 1 shows the perturbed intensity distribution for a fundamental transverse electric (TE) WGM of order l = 340 excited at $\lambda \approx$ 1063 nm in a spherical silica microcavity ($n_r = \sqrt{\varepsilon_r} =$ 1.449) with a radius $R = 40.5 \ \mu m$ and perturbed by an aqueous borne ($n_m = \sqrt{\varepsilon_m} = 1.326$) polystyrene particle ($n_p = \sqrt{\varepsilon_p} =$ 1.5719, a = 96.7 nm) located at the equator. Although $a/\lambda <$ 0.1, we observe that the intensity within the particle falls off by a factor of 2.87 over the extent of the particle, closely matching the decay of 2.63 of the unperturbed mode (L = 195 nm) over the same distance. Thus, the use of the dipole theory is clearly inappropriate, even for such a modestly sized nanoparticle.

To move beyond the limitations of the dipole model, we must evaluate Eq. (1), allowing for the variation of the perturbed



Fig. 1. COMSOL calculation showing the mode distribution within a 96.7 nm radius polystyrene particle located at the equator of a spheroidal resonator and bathed in the field of a fundamental TE WGM at $\lambda = 1063$ nm. The position of the vertical white line represents the surface of the microcavity.

and unperturbed field distributions within the volume of the nanoparticle. Naturally, the determination of the fields can be performed numerically using, for example, finite element [13], mode matching [14], or boundary element methods [15]; however, this approach can become computationally burdensome, in particle sizing applications. Analytic formulas, as we develop below, are thus preferable in such cases. Although we make a number of approximations in our derivations, these are crucially less restrictive than those of the point dipole model.

Regardless of resonator geometry, the unperturbed WGM mode exhibits a rapid falloff of the mode intensity in the exterior volume of the resonator, which can be well approximated by an exponential decay [16,17]. Restricting to a spherical geometry for simplicity, we can thus write $\mathbf{E}(\mathbf{r}) = \mathbf{E}_0(\mathbf{R})$ $\exp[-\kappa(r-R)]$, where $r = |\mathbf{r}|$ is the radial coordinate, R is the resonator radius, $\kappa = 1/(2L)$, and $\mathbf{E}_0(\mathbf{R})$ is the field at the cavity surface. Without loss of generality, we assume that the particle is centered at $\mathbf{r}_p = (R + a)\hat{\mathbf{x}}$. Within any given cross section of the nanoparticle, taken at a fixed axial (x) plane, the radial dependence of the unperturbed mode produces a smaller field amplitude at the nanoparticle surface relative to that at the center. Typically, $a \ll R$ such that in the worst case the amplitude ratio is $\approx \exp[\kappa a^2/(R+a)] \approx 1$, even if $\kappa a \sim 1$. Variation of the polarization across the nanoparticle can also be similarly neglected. Consequently, the unperturbed mode within the nanoparticle can be approximated as

$$\mathbf{E}(\mathbf{r}) = \mathbf{E}_0(R\hat{\mathbf{x}}) \exp[-\kappa(x-R)],$$
(3)

i.e., the WGM distribution is assumed constant for fixed x; however, the axial decay of the mode is still considered.

The determination of the perturbed field, however, requires a more in-depth analysis and, in essence, requires a solution of the electromagnetic scattering problem. As follows from the inhomogeneous vector wave equation, the perturbed mode within the nanoparticle is given by the self-consistent integral equation [18,19]:

$$\mathbf{E}'(\mathbf{r}) = \mathbf{E}(\mathbf{r}) + \int \mathbb{G}(\mathbf{r}, \mathbf{r}') \Delta \varepsilon(\mathbf{r}') \mathbf{E}'(\mathbf{r}') d\mathbf{r}', \qquad \textbf{(4)}$$

where $\mathbb{G}(\mathbf{r}, \mathbf{r}')$ is the dyadic Green's tensor of the system. After some algebraic manipulation, Eq. (4) can be rewritten as

$$\mathbf{E}'(\mathbf{r}) = \mathbb{D}(\mathbf{r}) \left[\mathbf{E}(\mathbf{r}) + \int \mathbb{G}(\mathbf{r}, \mathbf{r}') \Delta \varepsilon(\mathbf{r}') (\mathbf{E}'(\mathbf{r}') - \mathbf{E}'(\mathbf{r})) d\mathbf{r}' \right]$$
(5)

where $\mathbb{D}(\mathbf{r}) = [\mathbb{I} - \int \mathbb{G}(\mathbf{r}, \mathbf{r}') \Delta \varepsilon d\mathbf{r}']^{-1}$ is known as the depolarization tensor. Under the standard Born scattering approximation, the field in the integral of Eqs. (4) and (5) is replaced by the incident (or unperturbed) mode distribution $\mathbf{E}(\mathbf{r}')$; however, the form of Eq. (5) suggests the alternative approximation, whereby the field in the integral is replaced by $\mathbb{D}(\mathbf{r})\mathbf{E}(\mathbf{r})$. This is known in the literature as the RBA or nonlinear localized approximation [19,20]. The error associated with making the RBA is given by the second term in Eq. (5). Noting that the Green's tensor possesses a strong singularity at $\mathbf{r} = \mathbf{r}'$ and assuming that it falls off sufficiently rapidly away from this point, it follows that the dominant contribution to the integral in Eq. (4) arises from the field at $\mathbf{r}' = \mathbf{r}$. Accordingly, since the difference $E^\prime(r^\prime)$ - $E^\prime(r)$ is zero at this point, it follows that the error term is small [19]. When the refractive index contrast of the scatterer relative to the host medium, as parametrized by $\Delta \varepsilon$, is small, the depolarization factor is approximately equal to the identity matrix such that the Born approximation is adequate. In contrast, when the refractive index difference is large, the depolarization factor must be included.

The application of the above equations to spherical particles located at the origin in free space (i.e., neglecting any secondary scattering from the resonator surface) gives the internal perturbed field as [19]

$$\mathbf{E}'(\mathbf{r}) = \left[1 - \frac{\Delta\varepsilon}{\varepsilon_m} h(\mathbf{r})\right]^{-1} \left[\mathbf{E}(\mathbf{r}) + \frac{\Delta\varepsilon}{\varepsilon_m} p(\mathbf{r}) \frac{\hat{\mathbf{r}} \cdot \mathbf{E}(\mathbf{r})\hat{\mathbf{r}}}{1 - (\Delta\varepsilon/\varepsilon_m)s(\mathbf{r})}\right],$$
(6)

where we use caret notation to denote unit vectors, $k_m = n_m k$, $k = 2\pi/\lambda$, and $s(\mathbf{r}) = p(\mathbf{r}) + h(\mathbf{r})$:

$$h(\mathbf{r}) = -1 + \frac{\psi(k_m a)}{k_m r} \left[\sin(k_m r) + \frac{\cos(k_m r)}{k_m r} - \frac{\sin(k_m r)}{(k_m r)^2} \right],$$
(7)

$$p(\mathbf{r}) = -\frac{\psi(k_m a)}{k_m r} \left[\sin(k_m r) + 3 \frac{\cos(k_m r)}{k_m r} - 3 \frac{\sin(k_m r)}{(k_m r)^2} \right]$$
(8)

and $\psi(z) = [1 - iz] \exp[iz]$. Combining Eqs. (1), (3), and (6), and accounting for the translation of the particle by defining $\mathbf{r}' = (x', y', z') = \mathbf{r} - \mathbf{r}_p$, allows us to determine the ratio, or form factor, $g = \Delta f / \Delta f_{dp}$, which quantifies the resonance shift induced by a particle relative to the dipole model. Restricting to nonabsorbing media (i.e., real ε), we find $g = g_1 + g_2$ where

$$g_1 = \frac{1}{4\pi a^3} \int_{V_p} e^{-2\kappa x'} \left[\frac{\varepsilon_p + 2\varepsilon_m}{\varepsilon_m - \Delta \varepsilon h(\mathbf{r}')} \right] d\mathbf{r}', \tag{9}$$

$$g_{2} = \frac{\Delta\varepsilon}{4\pi a^{3}} \int_{V_{p}} e^{-2\kappa \mathbf{x}'} \left[\frac{\varepsilon_{p} + 2\varepsilon_{m}}{\varepsilon_{m} - \Delta\varepsilon h(\mathbf{r}')} \right] \frac{|\hat{\mathbf{r}}' \cdot \hat{\mathbf{E}}_{0}|^{2} p(\mathbf{r}')}{\varepsilon_{m} - \Delta\varepsilon s(\mathbf{r}')} \,\mathrm{d}\mathbf{r}'.$$
(10)

In the small particle limit $a \to 0$, it can easily be shown that $h(\mathbf{r}') \to -1/3$ and $p(\mathbf{r}') \to 0$, such that $g \to 1$, as would be expected. Practically, these integrals must be evaluated numerically; however, by expanding the kernels with respect to *a* and *r'* up to the second order, we can derive an approximate closed form expression for *g*. For g_1 , we have

$$g_1 \approx \frac{3}{4\pi a^3} \int_{V_p} e^{-2\kappa x'} \left[1 + \frac{k^2 a^2 \alpha}{4\pi a^3} - \frac{k^2 r'^2 \alpha}{10\pi a^3} \right] \mathrm{d}\mathbf{r'}.$$
 (11)

Letting $\zeta = 2\kappa a$, this integral can be simply evaluated yielding

$$g_1 \approx \frac{3}{\zeta^3} [\zeta \cosh \zeta - \sinh \zeta] + \frac{3\alpha}{4\pi a^3} \frac{k^2 a^2}{5\zeta^5} [3\zeta(\zeta^2 - 4) \cosh \zeta + (\zeta^2 + 12) \sinh \zeta].$$
 (12)

We note that the first term of Eq. (12) (henceforth denoted g_{GPS}) corresponds to the form factor reported in [11]. To determine g_2 , we first express the polarization dependent term, $|\hat{\mathbf{r}}' \cdot \hat{\mathbf{E}}_0|^2$, using polar and azimuthal angular coordinates taken relative to the center of the nanoparticle, before expanding the kernel of g_2 up to and including quadratic terms, whereby we find

$$g_{2} \approx \frac{3\alpha}{4\pi a^{3}} \frac{k^{2} a^{2}}{5\zeta^{5}} [(\zeta^{2} + 3) \sinh \zeta - 3\zeta \cosh \zeta + |e_{x}|^{2} \{\zeta(\zeta^{2} + 15) \cosh \zeta - 3(5 + 2\zeta^{2}) \sinh \zeta\}].$$
 (13)

As discussed in [16], $|e_x|^2$ is zero for TE modes and $\approx \varepsilon_r/(2\varepsilon_r - \varepsilon_m)$ for transverse magnetic (TM) WGMs. Within the RBA, we find that the polarization dependent $|e_x|^2$ term in Eq. (13) plays a negligible role, such that in simulations we restrict attention to the TE modes. Figure 2 illustrates the variation of

 $g_{\text{RBA}}^{\text{app}}$, as follows from Eqs. (12) and (13), with nanoparticle size (solid blue curve), as compared to the dipole model for which $g_{\rm dp} = 1$ by definition (dotted black). The simulation parameters are the same as those used in the finite element calculations discussed above. The results from the numerical evaluation of g_{RBA} , as given by Eqs. (9) and (10), are also shown (dashed green curve). Additionally, we have used Mie theory to determine the mode distribution within the nanoparticle when illuminated by an evanescent wave in a total internal reflection configuration, including surface dressing effects [21]. Calculated mode distributions were then subsequently used to evaluate the RSP integral [Eq. (1)] and, hence, g_{Mie} , numerically which is shown in Fig. 2 (dotted red curve). Good agreement between g_{Mie} and the approximate RBA form factor, g_{RBA}^{app} , up to size parameters of $ka \approx 0.6$ is seen, at which point the relative error is approximately 1%, whereas it is 7.2% for the dipole model. The full RBA form factor g_{RBA} suffers from only a 0.3% relative error for particles of this size. At ka = 1, these errors increase to 8.7%, 13.5%, and 2.2%, respectively. Finally, the purple dotted-dashed line shows the variation of g_{GPS} [corresponding to the first term of Eq. (12)]. While it is seen that this performs much better than the dipole approximation at larger particle sizes, it underperforms with respect to the RBA results. Unphysical oscillations in g_{RBA} arise for $ka \gtrsim 1$ due to the approximations made and, thus, we do not apply the RBA to particles larger than this limit.

To further test whether the point dipole theory provides an adequate description for accurate particle sizing, we have performed sizing measurements on three sets of particles lying near and beyond the edge of the Rayleigh regime. Additionally, we compare the accuracy of the other theoretical approaches described above (see Fig. 2), which account for the finite size of the nanoparticle through the differing form factors *g*. Reference sizes were determined using disk centrifuge photosedimentometry (DCP). Seven ensemble measurements were taken for each particle size, yielding mean radii of $\langle a \rangle_{\rm DCP} = 94.5 \pm 2.0$, 177.0 ± 1.4 , and 220.5 ± 1.8 nm or, equivalently, optical sizes $\langle k \langle a \rangle_{\rm DCP} \rangle$ of 0.57, 1.05, and 1.30 at $\lambda = 1063$ nm. The core of the experimental setup for WGM particle sizing measurements is composed of a microspheroid resonator fabricated



Fig. 2. Variation of the WGM frequency shift relative to that of the dipole model, as calculated using the approximate analytic results of Eqs. (12) and (13) (solid blue), the numerical evaluation of Eqs. (9) and (10) (dashed green), Eq. (4) of [11] (dotted–dashed purple), and Mie theory (dotted red).

Table 1. Comparison of the Mean Radii of Three Different Polystyrene Hydrosol Ensembles as Found through DCP ($\langle a \rangle_{\text{DCP}}$) and WGM Sizing Measurements ($\langle a \rangle_{a}$)^a

$\langle a \rangle_{\rm DCP}$ (nm)	94.5 ± 2.0	177.0 ± 1.4	220.5 ± 1.8
N	26	24	15
$k\langle a \rangle_{\rm DCP}$	0.56	1.05	1.30
$\langle a \rangle_{\rm dipole}$ (nm)	98.2 ± 1.1	187.9 ± 1.8	248.5 ± 2.9
$\langle a angle_{ m GPS}$ (nm)	97.2 ± 1.1	180.2 ± 1.6	229.8 ± 2.3
$\langle a angle_{ m RBA}$ (nm)	95.6 ± 1.1	176.9 ± 1.6	_
$\langle a angle_{ m Mie}$ (nm)	95.5 ± 1.1	174.6 ± 1.5	222.4 ± 2.1
$\langle a angle_{ m RBA}^{ m app}$ (nm)	95.2 ± 1.1	168.4 ± 1.3	_

"Corresponding optical size parameters $k\langle a \rangle_{\rm DCP}$ are given for reference. The WGM data were analyzed using five different theoretical form factors g. N measurements were performed for each ensemble with a standard deviation of σ . The mean radii are reported, along with the expected standard deviation of the mean σ/\sqrt{N} . The blue (red) numbers show the results in (dis)agreement with $\langle a \rangle_{\rm DCP}$.

by melting the end of a tapered silica optical fiber using a CO_2 laser. A shape analysis of images of the resonators revealed that they were slightly prolate $((\tilde{R_p} - R_e)/(R_p R_e^2)^{1/3} < 0.03$, where R_p is the polar radius, and $\dot{R_e}$ is that of the equator). A slight eccentricity is required in our approach, full details of which can be found in [6,11], so as to lift the degeneracy of WGMs of different polar order *m*. The equatorial radius of each of the resonators varied from 40.5 to 43.5 µm with each radius measured to better than $\pm 1\%$. Resonators were immersed in a microfluidic cell containing a NaCl salt solution (between 20 and 30 mM at neutral pH) and overcoupled to a tapered optical fiber in order to excite WGMs in the resonator propagating with the same sense. Nanoparticles were subsequently injected into the cell. A tunable distributed feedback laser coupled into the fiber was used to monitor the free space wavelengths of the m = l and m = l - 1 resonances. The steps in the resonance wavelength of these modes were recorded as particles bound to the resonator surface. By taking the ratio of the measured shifts, the latitude of the nanoparticle was then determined which, when combined with the RSP including any relevant form factor g, enabled the particle size to be determined from a single binding event. All of the form factors g shown in Fig. 2 were used to analyze our experimental data. To ensure that the induced WGM shift (on average ~0.22 pm for 177 nm radius particles) was considerably smaller than the resonance line-width, i.e., to maintain the validity of our theory, we used WGMs with a quality factor of $\sim 3.3 \times 10^5$ (or equivalently a linewidth of ~ 3.2 pm). Under these conditions, the observed line broadening (~ 0.15 pm) was negligible. In total, 65 binding events were recorded (26 for the particles with $\langle a \rangle_{\rm DCP} = 94.5$ nm, 24 for the $\langle a \rangle_{\rm DCP} =$ 177.0 nm particles, and 15 for the $\langle a \rangle_{\rm DCP} = 220.5$ nm particles). The results of our analysis are listed in Table 1.

We note that for all particle sizes investigated, the application of dipole theory to our microcavity experiments leads to nanoparticle sizes in excess of the DCP results. This disparity is due to the relatively small interaction strength associated with the dipole model. This discrepancy is most apparent for the 177.0 and 220.5 nm particles for which use of the dipolar g factor yields mean radii of 187.9 and 248.5 nm. As one moves down the rows in Table 1, the strength of the reactive interaction increases and, therefore, the inferred nanoparticle size decreases. The approximate RBA theory clearly underestimates the radius of the 177 nm particles by nearly 9 nm, although it performs adequately for the smaller 94.5 nm radius particles. The full RBA theory appears to provide good agreement for particles with DCP radii of 94.5 and 177.0 nm, although it is difficult to separate $\langle a \rangle_{\rm GPS}$, $\langle a \rangle_{\rm RBA}$, and $\langle a \rangle_{\rm Mie}$ for the smaller particles due to statistical uncertainties in the data. For particles with size parameters greater than unity, the RBA theory breaks down, and only the full Mie theory calculations can yield correct particle sizes.

In summary, we have demonstrated both theoretically and experimentally that the commonly used dipole scattering approximation is inappropriate when considering the interaction between the evanescent field of a WGM and a small nanoparticle. Accurate particle sizing necessitates the decay of the WGM across the particle to be accounted for. We have presented more accurate expressions for the particle-induced resonance shift based on the use of the RBA. These were found to enable accurate particle sizing for size parameters of $ka \leq 1$. Yet, larger particles were found to require more rigorous electromagnetic modelling techniques to produce satisfactory sizing results.

Funding. Royal Society; National Science Foundation (NSF) (EECS 1303499).

REFERENCES

- S. Arnold, M. Khoshsima, I. Teraoka, S. Holler, and F. Vollmer, Opt. Lett. 28, 272 (2003).
- 2. Y. Sun and X. Fan, Anal. Bioanal. Chem. 399, 205 (2011).
- 3. F. Vollmer and S. Arnold, Nat. Methods 5, 591 (2008).
- M. R. Foreman, J. D. Swaim, and F. Vollmer, Adv. Opt. Photon. 7, 168 (2015).
- F. Vollmer, S. Arnold, and D. Keng, Proc. Natl. Acad. Sci. USA 105, 20701 (2008).
- 6. D. Keng, X. Tan, and S. Arnold, Appl. Phys. Lett. 105, 071105 (2014).
- J. Zhu, S. K. Özdemir, Y.-F. Xiao, L. Li, L. He, D.-R. Chen, and L. Yang, Nat. Photonics 4, 46 (2009).
- W. Kim, S. K. Özdemir, J. Zhu, M. Faraz, C. Coban, and L. Yang, Opt. Express 20, 29426 (2012).
- S. Arnold, D. Keng, S. I. Shopova, S. Holler, W. Zurawsky, and F. Vollmer, Opt. Express 17, 6230 (2009).
- 10. I. Teraoka and S. Arnold, J. Opt. Soc. Am. B 23, 1381 (2006).
- S. Arnold, D. Keng, E. Treasurer, and M. R. Foreman, *Nano-Optics: Principles Enabling Basic Research and Applications*, B. Di Bartolo, J. Collins, and L. Silvestri, eds. (Springer, 2017).
- P. Chaumet, A. Rahmani, F. de Fornel, and J.-P. Dufour, Phys. Rev. B 58, 2310 (1998).
- M. D. Baaske, M. R. Foreman, and F. Vollmer, Nat. Nanotechnol. 9, 933 (2014).
- 14. X. Du, S. Vincent, and T. Lu, Opt. Express 21, 22012 (2013).
- 15. J. Wiersig, J. Opt. A 5, 53 (2003).
- M. R. Foreman, F. Sedlmeir, H. G. L. Schwefel, and G. Leuchs, J. Opt. Soc. Am. B 33, 2177 (2016).
- Y. A. Demchenko and M. L. Gorodetsky, J. Opt. Soc. Am. B 30, 3056 (2013).
- L. Novotny and B. Hecht, *Principles of Nano-Optics* (Cambridge University, 2006).
- T. M. Habashy, R. W. Groom, and B. R. Spies, J. Geophys. Res. 98, 1759 (1993).
- K. Belkebir, P. C. Chaumet, and A. Sentenac, J. Opt. Soc. Am. A 22, 1889 (2005).
- F. Frezza, F. Mangini, and N. Tedeschi, J. Opt. Soc. Am. A 32, 277 (2015).